

Fall 2017 Student Success Seminars

Macomb Community College

SEPTEMBER

Time Management

- Learn how to manage your time as a college student
- Learn new ways to find time to study within your busy schedule
- Make your own personal study schedule while evaluating and organizing your obligations and responsibilities

South Campus–G228

Tues.	9/5	12–1PM
Wed.	9/6	5–6PM
Thurs	9/7	10–11 AM
Thurs.	9/7	12–1PM

Center Campus–H206

Tues.	9/5	5–6 PM
Wed.	9/6	12–1PM
Fri.	9/8	10–11AM
Fri.	9/8	12–1PM



Learning Styles and Academic Reading

- Complete a questionnaire to determine your own personal learning style
- Discover the characteristics of each learning style
- Determine what you can do to enhance learning using your predominant style
- Learn techniques for reading college texts to increase comprehension
- Try new highlighting techniques and textbook marking strategies

South Campus–G228

Tues.	9/12	12–1PM
Wed.	9/13	5–6PM
Thurs.	9/14	10–11AM
Thurs.	9/14	12–1PM

Center Campus–H206

Tues.	9/12	5–6PM
Wed.	9/13	12–1PM
Fri.	9/15	10–11AM
Fri.	9/15	12–1PM



Resume Success

*Registration Required, Call 586.445.7321 or email careerservices@macomb.edu to register

- Learn effective techniques to get your resume noticed in an ever-changing job market
- Bring your resume in for a review and get concrete suggestions for improving your marketability
- Suggestions for enhancements given by Certified Career Development Facilitator

South Campus–G309

Tue.	9/12	4–6PM
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Center Campus–H219

Fri.	9/15	12–2PM
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Note Taking

- Discover how to get the most from your college lectures
- Learn how to adjust your note taking in a variety of lecture situations
- Learn to use the Cornell Method of taking notes

South Campus–G228

Tues	9/19	12–1PM
Wed	9/20	5–6PM
Thurs.	9/21	10–11AM
Thurs.	9/21	12–1PM

Center Campus–H206

Tues.	9/19	5–6PM
Wed	9/20	12–1PM
Fri	9/22	10–11AM
Fri	9/22	12–1PM



Depression Awareness

*Registration Required, Call 586.445.7999, select option 5 or email answer@macomb.edu to register

- Identify what depression is
- What are the symptoms of depression?
- Learn ways to cope with depression

South Campus–G325

Mon. 9/25 5–6PM

Center Campus–H209

Tue. 9/26 3–4PM



Memory Skills

- Understand and learn about your basic memory skills
- Learn several memory techniques and strategies

South Campus–G228

Tues. 9/26 12–1PM

Wed. 9/27 5–6PM

Thurs. 9/28 10–11AM

Thurs. 9/28 12–1PM

Center Campus–H206

Tues. 9/26 5–6PM

Wed. 9/27 12–1PM

Fri. 9/29 10–11AM

Fri. 9/29 12–1PM



Financial Literacy

- Review how financial goal setting helps with making sound financial decisions
- Learn how to identify your short-term, mid-term and long-term financial goals
- Learn how to pay off your debt faster
- Learn five steps to achieve financial success

South Campus–G226

Fri. 9/29 12–1:30PM

Center Campus–H214

Mon. 9/25 4:30–6PM



OCTOBER

Pathways to Success

*Registration Required, Call 586.445.7999, select option 5 or email answer@macomb.edu to register

- Are you undecided on your major or career path?
- Attend to learn about Macomb's Area of Interest and career decision-making resources

South Campus–G325

Tues. 10/3 11–12PM

Center Campus–H219

Mon. 10/2 4:30–5:30PM



Test Taking Skills

- Analyze and discuss different types of tests
- Learn strategies and skills necessary for studying and pre-planning for various types of tests
- Discover how to reduce test anxiety

South Campus–G228

Tues. 10/3 12–1PM

Wed. 10/4 5–6PM

Thurs. 10/5 10–11AM

Thurs. 10/5 12–1PM

Center Campus–H206

Tues. 10/3 5–6PM

Wed. 10/4 12–1PM

Fri. 10/6 10–11AM

Fri. 10/6 12–1PM



Papers, Presentations and Projects

- Make a presentation that has impact
- Learn when to use visuals and what is appropriate
- Discover techniques to create an outstanding poster
- Evaluate sample presentations

South Campus–G228

Tues. 10/10 12–1PM

Wed. 10/11 5–6PM

Thurs. 10/12 10–11AM

Thurs. 10/12 12–1PM

Center Campus–H206

Tues. 10/10 5–6PM

Wed. 10/11 12–1PM

Fri. 10/13 10–11AM

Fri. 10/13 12–1PM



Your Social Networking Brand

*Registration Required, Call 586.445.7321 or email careerservices@macomb.edu to register

- Learn how to connect in new ways and build your network
- Discover the value of social media as you job search
- Find out some ways employers are researching you prior to inviting you in for an interview

South Campus–G309

Wed. 10/11 10:30–11:30AM

Center Campus–H219

Tues. 10/17 4:30–5:30 PM



How the Brain Learns Naturally

- Discover the basic steps that the brain uses to learn new information
- See how the brain assimilates new information and grows
- Learn how to control how much you learn and when your brain can optimally learn new things

South Campus–G228

Tues. 10/17 12–1PM
Wed. 10/18 5–6PM
Thurs. 10/19 10–11AM
Thurs. 10/19 12–1PM

Center Campus–H206

Tues. 10/17 5–6PM
Wed. 10/18 12–1PM
Fri. 10/20 10–11AM
Fri. 10/20 12–1PM



Stress Management

- Learn about your stress level
- Discover what is and what is not stress and explore ways to manage the stress in your life
- Use the CALM method to alleviate unneeded stress

South Campus–G228

Tues. 10/24 12–1PM
Wed. 10/25 5–6PM
Thurs. 10/26 10–11AM
Thurs. 10/26 12–1PM

Center Campus–H206

Tues. 10/24 5–6PM
Wed. 10/25 12–1PM
Fri. 10/27 10–11AM
Fri. 10/27 12–1PM



Exploring Career Pathways

*Registration Required, Call 586.445.7321 or email careerservices@macomb.edu to register

- Interactive research methods to help you gain a better understanding of what career research means
- Tap into free online assessments to help see other career paths you may want to consider based on your personality, interests and values
- Find out about different web resources to help you identify careers/majors

South Campus–G309

Thurs. 10/26 11–12PM

Center Campus–H219

Fri. 10/27 3–4PM



NOVEMBER



Motivational and Anti-Procrastination Skills

- Discover what motivates you and learn about motivational levels
- Analyze your educational goals
- Look at the universal motivating forces at work while you are a college student
- Learn techniques to manage and overcome procrastination in your studies

South Campus–G228

Tues. 10/31 12–1PM
Wed. 11/1 5–6PM
Thurs. 11/2 10–11AM
Thurs. 11/2 12–1PM

Center Campus–H206

Tues. 10/31 5–6PM
Wed. 11/1 12–1PM
Fri. 11/3 10–11AM
Fri. 11/3 12–1PM



Financial Literacy

- Review how financial goal setting helps with making sound financial decisions
- Learn how to identify your short-term, mid-term and long-term financial goals
- Learn how to pay off your debt faster
- Learn five steps to achieve financial success

South Campus–G226

Fri. 11/10 12–1 PM

Center Campus–H214

Mon. 11/6 12–1PM



Critical Thinking Skills I

- Learn why faculty and employers state that this is the most important skill to possess
- Discover ways to sharpen your logical thinking skills

South Campus–G228

Tues. 11/7 12–1PM
Wed. 11/8 5–6PM
Thurs. 11/9 10–11AM
Thurs. 11/9 12–1PM

Center Campus–H206

Tues. 11/7 5–6PM
Wed. 11/8 12–1PM
Fri. 11/10 10–11AM
Fri. 11/10 12–1PM



Critical Thinking Skills II

- Learn what part bias and perception have in critical thinking
- Recognize inferences and implications that may hinder critical thinking

South Campus–G228

Tues. 11/14 12–1PM
Wed. 11/15 5–6PM
Thurs. 11/16 10–11AM
Thurs. 11/16 12–1PM

Center Campus–H206

Tues. 11/14 5–6PM
Wed. 11/15 12–1PM
Fri. 11/17 10–11AM
Fri. 11/17 12–1PM



Decision-Making Skills

- Analyze your decision-making skills and learn effective ways to make any decision
- Discover the 7 building-blocks to making better decisions

South Campus–G228

Tues. 11/28 12–1PM
Wed. 11/29 5–6PM
Thurs. 11/30 10–11AM
Thurs. 11/30 12–1PM

Center Campus–H206

Tues. 11/28 5–6PM
Wed. 11/29 12–1PM
Fri. 12/1 10–11AM
Fri. 12/1 12–1PM



Get LinkedIn

*Registration Required, Call 586.445.7321 or email careerservices@macomb.edu to register

- “Branding” yourself—what does that really mean?
- Learn how to use this powerful tool to do specialized company job search
- Discover how to develop a job search network
- Network using your own LinkedIn account

South Campus–G309

Wed. 11/29 3–4:30PM

Center Campus–F115

Tues. 11/28 10–11:30AM



DECEMBER

Interview Success

*Registration Required, Call 586.445.7321 or email careerservices@macomb.edu to register

- Learn how to effectively prepare for a job interview
- Gain answers to interview questions
- Rehearse how to complete the follow-up necessary after your successful interview

South Campus–G309

Wed. 12/6 12:30–1:30PM

Center Campus–A204

Tues. 12/5 3–4PM



Student Success Seminars

Academic Success Seminars offer Macomb students the opportunity to learn strategies that will enhance their ability to succeed in college. Each seminar attended earns Continuing Education Credits and will be recorded on the student's non-credit transcript. Please bring your student ID number to register. All sessions incorporate active learning activities and students must complete the activities to obtain credit. Students who attend 10 different academic seminars (during a two-year period) will receive a certificate of completion. Please note that you must be present for the complete seminar to receive credit.

For more information, visit your MyMacomb account and search **Fall 2017 Student Success Seminars** or contact Career Services at (586) 445-7321 or careerservices@macomb.edu.



**Macomb
Community College**

Education • Enrichment • Economic Development

Discover. Connect. Advance.